tempered

YOUR FREE TOOL · FOR FLYING BLIND

Morning Numbers

Your sales export in, a two-minute morning note out: six numbers, what changed, what looks off, and the one question to ask today.

Not a prompt pack. A tool that does the job.

What it does

YOU DROP IN

Yesterday's export from Square, Toast, Clover, Shopify or QuickBooks. CSV, PDF or a screenshot.

→

IT WORKS OUT

Net sales, tickets, average ticket, labor %, discounts and refunds, best and worst hour. Against the same day last week.

→

YOU GET

One page you read before the doors open, with flags only when a rule trips.

Install it in 5 minutes

Claude (recommended)

1. Open Claude, go to **Settings → Capabilities** and turn on **Code execution and file creation**.
2. In **Skills**, choose **Upload skill** and pick `morning-numbers.zip`. Don't unzip it.
3. Make sure it's switched on. Start a new chat.
4. First run, it asks you a few setup questions. Save the profile it gives back.

ChatGPT

1. Open `morning-numbers-chatgpt.md`.
2. In ChatGPT: **Explore GPTs → Create → Configure**. Paste the instructions.
3. Turn on **Code Interpreter & Data Analysis**. Save as **Only me**.
4. No custom GPTs on your plan? Paste them into a **Project**'s instructions instead.

TRY IT FIRST

Upload the sample in the zip (`examples/sample-sales-export.csv`) and say "Morning numbers for yesterday. Single café, Square, labor target 30%." Then do it again with your own.

Menus move. If yours looks different, search help for "upload a skill". It drafts; you decide what gets sent.

REAL EXAMPLE

How we read the day at Old World

Across our cafés in Reno and Carson City, the managers and I look at the same six numbers every morning. This is the shape of that note. The numbers here are a sample.

YOU PASTE

Monday export, 9 hours, 2 weeks

YOU GET BACK

Net sales	$3,193	−9.6%
Transactions	475	+0.2%
Average ticket	$6.72	−9.8%
Labor %	26.5%	+4.6 pts
Discounts/refunds/voids	5.4% of gross	was 2.3%

LOOK AT THIS: discounts, refunds and voids more than doubled, past 3% of gross. Average ticket fell while tickets rose.

ONE QUESTION: Was a promo or staff discount left on at a register on Monday?

It's working when

- [ ] You read it in under two minutes, before the day starts.
- [ ] Every number matches your own report when you check it.
- [ ] The one question is something you would actually ask today.

Free shows you. Connected does it.

	THIS FREE TOOL	BUILT FOR YOU BY TEMPERED
Where the data comes from	You export and paste the report	**Pulled from your point of sale and books on its own**
When it runs	When you remember to	**Every morning at 6, plus a Friday books check**
Where the answer lands	In a chat window	**In your inbox, with plan versus actual on top**
Who does the work	You	**It runs. You read it.**

Like it free? Picture it running without you.

We connect it to your systems, put it on a schedule and make sure it's live and in use. AI doesn't replace you. It answers to you.

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